



# **Idaho College Health Coalition Action Plan**

**FFY2026**



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Indicates cost associated with activity in FFY2026

# Introduction

The Idaho College Health Coalition (IHC) has been an invaluable resource for colleges and universities in Idaho for nearly 20 years. The IHC provides resources, programming, and expertise related to substance abuse prevention efforts specifically related to college campuses in Idaho. Young adults in Idaho, aged 18-25, reported the highest rates of Alcohol Use Disorder (19%), Drug Use Disorder (19%), Illicit Drug Use (3.4%), and Opioid Misuse (3%) compared to individuals aged 12-17 and those aged 26 and older (NSDUH, 2022). Additionally, this population faces significant mental health challenges, with 13.5% of those aged 18-25 reporting a serious mental illness in the past year, and 23.2% reporting at least one major depressive episode in the past year (NSDUH, 2022). Given the substance use and mental health challenges faced by many young adults across Idaho, the IHC aims to prevent the harms associated with the misuse of substance while also promoting health, safety and well-being among Idaho college students.

The participating members of the IHC include: Boise State University (BSU), Idaho State University (ISU), College of Western Idaho (CWI), Lewis-Clark State College (LCSC), North Idaho College (NIC), University of Idaho (U of I), College of Southern Idaho (CSI), and Brigham Young University-Idaho (BYUI). Each of these institutions were represented at the 2024 Annual IHC Summit and participated in the development of each of the three goals, objectives and activities included in this action plan. This document builds upon the work that has been accomplished since the coalition's inception in 2005.

The IHC meets annually at an in-person summit to assess progress toward its goals, outline new initiatives, and strengthen collaboration among its members. This action plan is based on member feedback gathered during the Annual Summit held in Boise in June 2025.




# Mission & Vision

## **Mission**

We collaborate with Idaho public and private institutions of higher education and their students, government agencies, and community organizations in preventing harm associated with drug and substance abuse while also promoting health, safety and well-being.

## **Vision**

Advancing health, safety, and well-being to create thriving campuses, communities, and futures in Idaho.



# ICHC Funding

## Partnership for Success (PFS) (FFY23-FFY28)

### *Funding Source:*

The FFY26 Partnership for Success Grant (PFS) represents the third year of the five-year Strategic Prevention Framework State Incentive Grant (SPF SIG) awarded to the Office of Drug Policy (ODP) in fiscal year 2024. The funding for the PFS comes from the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse Prevention (CSAP).

### *Eligibility:*

Eligible applicants include local governments, universities, colleges, and tribes/tribal organizations. The PFS grant requires that funds be expended on primary prevention, particularly among American Indians, youth aged 18 and under, young adults aged 18-25, and residents of rural communities in Idaho. Primary prevention, in this context, refers to programs aimed at individuals who do not require treatment for substance abuse.

### *Requirements:*

- **Annual Requirements:** Idaho College Health Coalition will submit a budget and 12-month action plan to ODP for approval annually.
- **Annual Budget:** The annual budget shall not exceed \$50,000 and is contingent upon the availability of federal funds. Carryover from year to year for purposes of administering the biennial National College Health Assessment will be allowed but not guaranteed.
- **Reporting:** ICHC members are required to submit quarterly reports to the Office of Drug Policy (ODP) detailing activities funded by the PFS grant, using the designated reporting method provided by ODP.

# Subcommittees

Subcommittees are tasked with advancing the goal designated to them. Each member is expected to participate in at least one subcommittee, and every subcommittee is required to present progress updates during monthly meetings. The Chair, Vice Chair, and coordinator will oversee and monitor the overall progress of each subcommittee.

## **Goal 1: Establish a sustainable framework**

- Members: Julie McMurtrey, Chad Trisler, Erin Bacon

## **Goal 2: Reduce drug and substance-related harm among Idaho college students**

- Members: Deana Kalberg, Kat Troutman, Doug Steele, (TBD - BSU Rep)

## **Goal 3: Use data to guide coalition work**

- Members: Jodie Hickenlooper, Melissa Caudle, Emily Tuschhoff, Emily Brumbaugh, Rosa Lopez

## **Leadership Team**

**Chair:** Melissa Caudle

**Vice Chair:** Erin Bacon

**Coordinator:** Hannah Timmons

# Goal 1

## Establish a Sustainable Framework

**Objective: Develop a sustainable framework approved and adopted by the majority of ICHC members**

Activity	Year	Progress
<b>G.1a</b> Determine system and expectations for resource sharing	FFY2025- FFY2026	In Progress
<b>G.1b</b> Conduct biennial review of bylaws and member expectations	FFY2025	Completed
<b>G.1c</b> Provide at least 1 annual professional development opportunity to ICHC members	 Annual	Continuous
<b>G.1d</b> Draft a “job description” for campuses to distribute during student advisory board recruitment	FFY2026	In Progress

## Goal 1 Continued

Activity	Year	Progress
<b>G.1e</b> ICHC Intern to develop website and branding materials	FFY2026	In Progress
<b>G.1f</b> Plan and host ICHC annual summit	 Annual	Continuous
<b>G.1g</b> Define funding structure and create annual budget	 FFY2026	In Progress
<b>G.1h</b> Finalize and distribute a marketing plan/toolkit to institutions, community partners, and state government	FFY2027	Not Yet Started




## Goal 2


Reduce drug and substance-related harm  
among Idaho college students

**OBJECTIVE 2a:** Reduce the percentage of students who reported 2 or more risky behaviors when drinking alcohol

**OBJECTIVE 2b:** Reduce the perception of peer's use of cannabis in last 30 days (NCHA additional questions)

Activity	Year	Progress
<b>G.2a</b> Create official ICHC position statement surrounding substance use and support services	FFY2025- FFY2026	In Progress
<b>G.2b</b> Explore the pros and cons of screening tools in use across the ICHC member institutions	FFY2025	Completed
<b>G.2c</b> Implement use of screening tool across all ICHC member institutions	 FFY2026	In Progress

## Goal 2 Continued

Activity	Year	Progress
<b>G.2d</b> Provide at least one technical assistance session or workshop related to screening tools, evidence-based programs implementation, or other goal 2 related topics	Annual 	In Progress
<b>G.2e</b> Explore and identify the use of a common screening tool across the ICHC member institutions	FFY2025	Completed
<b>G.2f</b> Implement statewide, multi-site social norming campaign	FY2025-FY2026	In Progress

# Goal 3

Use data to guide coalition work

**OBJECTIVE:** *ICHC member institutions will collect and use ACHA-NCHA data to inform coalition decision-making processes, ensuring that at least 75% of coalition products and reports are informed by this data*

Activity	Year	Progress
<b>G.3a</b> Determine the selected data indicators for the focus of the ICHC	FFY2025	Completed
<b>G.3b</b> Create a data collection mechanism and reporting dates for selected indicators	FFY2026	In Progress
<b>G.3c</b> Create and share annual progress report on selected indicators at annual summit	Annual	Continuous

## Goal 3 Continued

Activity	Year	Progress
<b>G.3d</b> Develop ICHC ACHA-NCHA Process Guidelines and a corresponding Planning Worksheet to aid member institutions in the implementation and administration of the survey	FFY2025	Completed
<b>G.3e</b> Implement the ACHA-NCHA survey across member institutions with data share agreement	Biennial	Continuous
<b>G.3f</b> Generate list of recommended environmental level assessment tools for use by member institutions	FFY2027	Not Yet Started
<b>G.3g</b> Create a dashboard to monitor data indicators and progress towards goals and objectives	FFY2027	Not Yet Started

# Budget - FFY2026

Activity	Cost Breakdown	 Estimated Cost
<b>G.1c</b> Professional Development	\$2,200 NASPA conference stipend*8 ICHC members = \$17,600	\$17,600
<b>G.1e</b> Marketing Intern	12wk*10hrs/wk*\$18/hr = \$2,160 1-year web license = \$192	\$2,352
<b>G.1f</b> Annual Summit	\$450*16 ICHC members and students = \$7,200	\$7,200
<b>G.2c</b> Screening Tool	Six 1-year ScreenU licenses at \$2,400 each	\$14,400
<b>G.2d</b> Technical Assistance	Workshop for ICHC members	\$2,000
F & A Costs	\$43,552*.15 ( 15% F&A) = \$6,532	\$6,532
TOTAL		\$50,084



# Appendix

## Funding Notes

***Fund Supplanting:*** Supplanting occurs when an agency reduces state or local funding for an activity specifically because federal or state funds become available. In other words, supplanting involves replacing an existing funding source with a new supplemental one, such as federal funds. Fund supplanting is prohibited for both PFS and ARPA grant dollars, and ODP must ensure that these funds are not used to replace expenditures from other federal, state, or local sources.

***As-Needed Funding:*** Due to the prohibition of fund supplanting, ICHC will provide support to member institutions on an as-needed basis when programs, tools, or activities do not already have designated funds.