

Prevention Program Data Tracking Sheet Instructions

Program Name

Select the evidence-based program(s) you are delivering. If you are a community Coalition, please describe your Coalition Activity (i.e.: Media Campaign) in this box.

CSAP Strategy

Select the strategy(ies) your program uses. The Center for Substance Abuse Prevention (CSAP) promotes the following six (6) Prevention Strategies:

- 1. Information Dissemination:** This strategy provides information about the nature and extent of drug use, abuse, addiction and the effects on individuals, families and communities. It also provides information about the availability of prevention and treatment services.
- 2. Prevention Education:** This strategy involves two-way education and training that provides specific skills to participants. Activities include education to affect critical life skills, social skills, decision making, career planning, refusal skills etc.
- 3. Alternatives:** This strategy provides for the participation of youth in activities that exclude drug use and promote healthy lifestyles. Examples include mentoring, after school activities, drop-in recreational centers and community service activities.
- 4. Community-based Process:** This strategy aims to enhance the ability of the community to more effectively provide prevention services. Activities include community organizing, planning and coalition building as well as collaborative efforts to enhance the effectiveness of prevention projects.
- 5. Environmental Strategies:** This strategy seeks to establish or change community standards, codes, laws, policies, procedure, norms and attitudes thereby influencing Alcohol Tobacco and Other Drugs (ATOD) consumption in communities.
- 6. Problem Identification and Referral:** This strategy aims to identify individuals who may be misusing or abusing substances in order to provide resources and refer them to treatment, if necessary. This strategy, more specifically, is Screening, Brief Intervention, and Referral to Treatment (SBIRT). SBIRT is used in the primary healthcare setting for both adult and youth populations.

Institute Of Medicine (IOM) Category

Select the appropriate IOM category for each of the Evidence Based Programs you have identified:

Universal preventive interventions...targeted to the general public or a whole population group that has not been identified on the basis of individual risk.

Selective preventive interventions...targeted to individuals or a subgroup of the population whose risk is significantly higher than average.

Indicated preventive interventions...targeted to high-risk individuals who are identified as having minimal but detectable signs or symptoms but who do not meet diagnostic levels at the present time.

Program Location

Please identify your cohort # and location for services.

Start Date

Identify the date you begin program delivery.

End Date

Identify the date you conclude program delivery.

Number of Persons Served

Identify the number of persons served in individual-based programs; include age and gender.

Ethnicity

Identify either Hispanic/Latino, or, Non-Hispanic/Latino

Race

Identify from the following list:

American Indian

Alaskan Native

Asian

Black

Native Hawaiian or other Pacific Islander

White

Other

Staff Hours

Track total staff hours for delivery of program for billing purposes