



2020
SCHOOL SAFETY
SYMPOSIUM

PREVENTING OPIOID & SUBSTANCE MISUSE

October • 15 • 2020
8:30-12:00 P.M. MST

In-Person/virtual hybrid event
Boise Centre • Boise, ID



GOVERNOR BRAD LITTLE

“Thousands of Idahoans have been impacted by substance use disorders and the opioid epidemic. Preventing the onset of substance misuse among Idaho youth in our schools is vital to ensuring the safety, success, and well-being of our students and our state as a whole.”

The people of Idaho elected Brad Little as the state's 33rd Governor in 2018. Brad is an Idaho native – born and raised in Emmett, Idaho on his family's sheep and cattle ranching operation. He graduated from the University of Idaho in 1977 with a Bachelor of Science in Agribusiness, and has worked in the ranching industry his entire professional life. He first served in public office in 2001 when he was selected to fill a Senate vacancy. He was then elected to four consecutive terms to the Idaho Senate before serving as Idaho's 37th Lieutenant Governor in 2009. Brad is a strong advocate for limited government and seeks to build public confidence in State government. He works to ensure Idaho's children and grandchildren have the best opportunities to continue to live and work in the state of Idaho.



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8:30 – 12:00 P.M. MST

8:30-9:00 A.M.

Check-In & Registration

9:00-9:15 A.M.

Welcome & Introductions

Melinda Smyser, Administrator, Office of Drug Policy

9:15-9:30 A.M.

Greetings from State Superintendent Sherri Ybarra

9:30-9:55 A.M.

Remarks from U.S. Senator Jim Risch, Chair, Foreign Relations Committee

- International Drug Trafficking
- Q&A Session with Chris Socha, Director of Senate Foreign Relations Committee

9:55-10:15 A.M.

Update on Opioid Lawsuit, Attorney General Lawrence Wasden

10:15-10:30 A.M.

Break

10:30-11:15 A.M.

Panel Discussion

- David Robins, U.S. Attorney's Office
- Marv Hagedorn, Administrator of Veteran Services
- Josh Tewalt, Director of Department of Corrections
- Helo Hancock, CEO of Marimn Health

11:15-11:30 A.M.

Remarks from Governor Brad Little

Advisory Group Final Recommendations presented by Colonel Kendrick Wills, Idaho State Police

11:30-11:55 A.M.

School Safety Work Plan Summary

Dr. Eric Studebaker, State Department of Education

11:55-12:00 P.M.

Wrap-Up & Closing



Dr. Eric Studebaker

Director, Student Engagement & Safety Coordination, Idaho State Department of Education / @IdahoSDE

Dr. Studebaker is currently the Director of Student Engagement & Safety Coordination for the State Department of Education. He manages the Idaho Advanced Opportunities Program, Idaho GEAR-UP, Idaho 21st Century Community Learning Centers, 504 Support, Idaho Public Driver Education, Youth Suicide

Prevention, Safe & Drug Free Schools, School Bullying Prevention, & College/Career Advising. He is a member of the Idaho Council on Suicide Prevention, Board of the Idaho Office of School Safety & Security, Idaho Criminal Justice Commission, Governor's Opioid & Substance Misuse Taskforce, & the Idaho Post-Secondary Council of Academic Affairs and Programs.



Melinda Smyser

Administrator, Office of Drug Policy / @IdahoDrugPolicy

Melinda Smyser serves as the administrator for the Governor's Office of Drug Policy, where she provides state and national leadership in the development of policies, programs, & services to prevent the onset of illegal substance use, prescription drug misuse and abuse, and underage alcohol/tobacco use. She also chairs the Governor's Opioid & Substance Use Disorder Advisory Group and serves on the National Association

of State & Drug Abuse Disorders, National Prevention Network, High Intensity Drug Advisory, Idaho Criminal Justice Commission, National Governor's Association for Prevention. She has a bachelor's degree from the University of Idaho and a master's degree in Education/Counseling from the College of Idaho.





Jim Risch

U.S. Senator, Foreign Relations Committee / @SenatorRisch

Jim Risch is currently serving a second term as Idaho's 28th Senator. He holds a longstanding commitment to public service and a passion for good government, with more than four decades of experience in elected office. Risch was elected to the United States Senate in November 2008, after serving as Idaho State Senator, Lieutenant Governor, & Idaho's 31st governor. Risch is the lead Republican on the Senate Foreign Relations Committee, where he serves as chairman for the 116th Congress. He is also a member of the Small Business and Entrepreneurship Committee, the Energy and Natural Resources Committee, and the Select Committees on Intelligence and Ethics.



Lawrence Wasden

Idaho Attorney General / @LawrenceWasden

Lawrence Wasden is Idaho's 32nd Attorney General. He was elected to his fifth term on November 2018, and is the longest serving AG in the state's history. He has served in the AG's Office for more than 28 years, starting in 1989 with his appointment as a deputy assigned to the Idaho State Tax Commission. He was later promoted to Deputy Chief of Staff, then Chief of Staff before winning his first election to the office in 2002. Throughout his career, Wasden has been recognized for his leadership in the legal profession, public health, protecting children and consumers, prosecuting public corruption and promoting open, transparent government.



Sherri Ybarra

Superintendent, State Department of Education / @IdahoSDE

Superintendent Sherri Ybarra has served as Idaho's 25th Superintendent of Public Instruction since 2015, overseeing K-12 education statewide. For more than two decades she has dedicated her career to education, starting as a third grade teacher and advancing to serve as a federal program director, vice-principal and principal in Idaho elementary and junior high schools. Ybarra earned a B.A. in Elementary Education from West Liberty State College, an M.A. in Educational Leadership & Ed.S. with superintendency emphasis from the University of Idaho, and is currently pursuing a doctorate in education.



David Robbins

Assistant U.S. Attorney, District of Idaho

Dave was born and raised in Colorado before joining the Air Force in 2003. He served in intelligence, where he received the Air Force Achievement Medal for his work related to nuclear weapons. After the Air Force, Dave attended the University of Idaho College of Law, graduating with honors in 2010. Loving Idaho, Dave chose to stay and start his legal career as a

Deputy Prosecutor in Kootenai County. He joined the U.S. Attorney's Office for the District of Idaho in 2018, where he proudly serves as the Opioid Coordinator.



Marv Hagedorn

Administrator, Idaho Division of Veteran Services

A 40+ year professional with broad experience in State, military and veteran activities, private sector (for profit/non-profit) operations, budgeting, sales, marketing & business/relationship development. An accomplished leader with a world-class track record of vision, entrepreneurship, and exceptional results across a wide spectrum of

operations and development disciplines. A skilled communicator and relationship builder that served 12 years in the State Legislature prior to his role with Veteran Services.



Josh Tewalt

Director, Department of Corrections

Josh Tewalt re-joined the Idaho Department of Corrections (IDOC) in 2018 after two years as the Director of Operations for the Association of State Correctional Administrators (ASCA). As Director, Tewalt oversees all of IDOC's operations including 9 prisons, 4 community re-entry centers, and 7 probation/parole districts. IDOC has an annual budget of

\$264 million (FY19), employs nearly 2,000 correctional professionals, and is responsible for the incarceration and community supervision of 25,000 felony offenders.



Helo Hancock

CEO, Marimn Health

Helo accepted the position of Chief Executive Officer of Marimn Health (formerly known as "Benewah Medical Center") in 2016 and has led the organization through years of unprecedented growth. He is passionate about tribal & underserved communities and has dedicated his career to improving the quality of life on the Coeur d'Alene Indian Reservation.

He served as Legislative Director & In-House Attorney for the Coeur d'Alene Tribe for 12 years, managing political & legal affairs for government, corporate, & gaming matters.

Results from the 2019 Youth Risk Behavior Survey of Idaho 9th-12th Graders¹

14%

Took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during their life)

27%

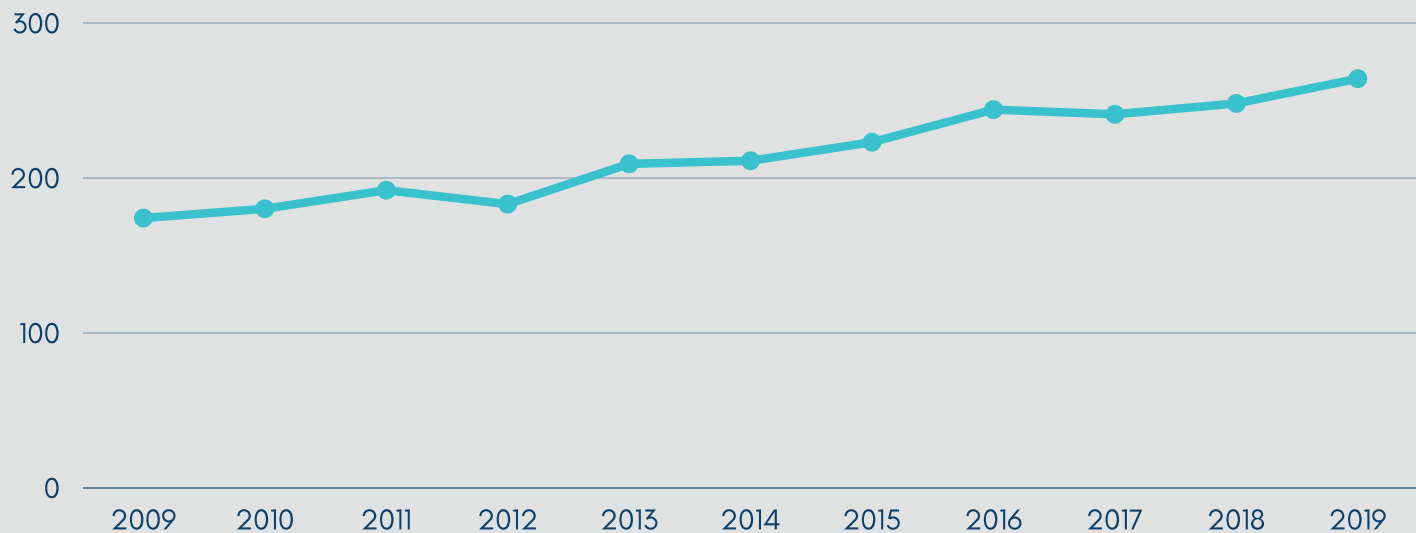
Currently drink alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

17%

Currently use marijuana (also called pot, weed, or cannabis, one or more times during the 30 days before the survey)

- Drug overdose related deaths in Idaho increased 9.5% between 2017-2019²
- Idahoans aged 25-34 have the highest drug overdose death rate by age group³
- Idaho's opioid prescribing rate is 61.9 per 100 person, a downward trend from 92.0 in 2012, but still higher than the U.S. prescribing rate of 58.7³
- The 5-year arrest rate for methamphetamine & heroin increased 111% and 400% respectively⁴

Drug Overdose Deaths in Idaho 2009-2019³



1. Idaho 2019 and United States 2019 Results, High School YRBS. Centers for Disease Control and Prevention.

2. National Center for Health Statistics. 2020. Vital Statistics Rapid Release Provisional Drug Overdose Death Counts.

3. Drug Overdose Deaths: Idaho Residents, 2014-2018, IDHW, Division of Public Health, Bureau of Vital Records & Health Statistics, Dec. 2019.

4. Idaho Drug and Alcohol Arrest Trends, 2009-2018. Idaho Statistical Analysis Center, Idaho State Police.

GOVERNOR'S OPIOID & SUBSTANCE MISUSE ADVISORY GROUP

Governor Brad Little signed Executive Order 2019-09 on June 13, 2019 creating the Opioid & Substance Use Disorder Advisory Group chaired by Melinda Smyser, the Administrator of the Office of Drug Policy.

Opioid misuse and untreated substance use disorders cause devastating health, social, and economic consequences. The U.S. Council of Economic Advisers estimated that the economic cost of the opioid crisis was \$504 billion in 2015, or approximately 2.8% of GDP¹. Each year, 64,000 Idahoans ages 12 and up misuse prescription pain relievers² – and Opioids, including prescription pain relievers and synthetic opioids such as fentanyl and heroin, lead drug-induced deaths in Idaho³. In 2019, we lost 72,000 Americans and 265 Idahoans to drug-overdose related deaths⁴.

“The opioid crisis is taking lives and destroying families in Idaho. My executive order uses a broad, holistic approach to examining the crisis, so we can develop solutions that save lives and create a brighter future for our state,” Governor Little said. “Idaho’s collaborative approach has led to significant progress in combatting opioid misuse to date, but there’s more we can do. My executive order establishes an advisory group that will ensure we are investing in the right strategies and programs to make a meaningful difference for our state.”

The group was charged with researching, evaluating, and providing the Governor with recommendations on streamlining prevention and recovery activities, providing efficiency in battling opioid and substance use disorder, and eliminating duplicative efforts to more efficiently and effectively fight this epidemic.

Learn more and read the full Executive Order at odp.idaho.gov/governors-opioid-and-substance-use-disorder-advisory-group/

1. The Underestimated Cost of the Opioid Crisis. (2017). The Council of Economic Advisers, Executive Office of the President.
2. National Survey on Drug Use & Health, 2017-2018. (2019). SAMHSA, Center for Behavioral Health Statistics and Quality.
3. Drug Overdose Deaths: Idaho Residents 2014-2018. (2019). Bureau of Vital Records & Health Statistics, Div of Public Health, IDHW.
4. 12 Month-Ending Provisional Number of Drug Overdose Deaths. (Aug. 2020). Vital Statistics Rapid Release Provisional Drug Overdose Death Counts, National Center for Health Statistics.



In accordance with charges established by the Governor, the Opioid and Substance Use Disorder Advisory Group recommends the Governor take the following actions:

1. Remove administrative and other barriers to increase availability of Medication Assisted Treatment (MAT) / Medication for Opioid Use Disorder (MOUD).
2. Require evidence-based substance misuse prevention instruction for public school students in grades six-through-eight, beginning in the 2021-2022 school year.
3. Require registration and use of the State Prescription Drug Monitoring Program (PDMP) to encourage more informed prescribing decisions by: (1) Establishing a subcommittee of relevant stakeholders; (2) Dedicating funds to support the maintenance of GATEWAY; (3) Expanding required internet infrastructure to support PDMP access is available to all who require it.
 - Completed 2020 Legislative Session with SB 1348 Controlled Substances, passed/law on 7/1/2020.
4. Support increased efforts to expand intervention and treatment services including Medication Assisted Treatment (MAT), at initial points of contact including but not limited to the criminal justice and healthcare systems.
5. Expand access to Naloxone in the community by endorsing the effort for the United States Food and Drug Administration to classify Naloxone Nasal Spray as safe and effective for over-the-counter sale.
6. Work in collaboration with the Idaho Department of Insurance to support a Telemedicine Parity Law to ensure applicable telehealth services, including substance use disorder and mental health care services, are reimbursed in the same way as in-person services.
7. Develop an upstream prevention media campaign targeting youth that effectively communicates the short- and long-term risks and consequences of prescription and illicit opioid addiction. A campaign should include measurable outcomes, use evidence-based practices, and target other identified priority populations as applicable.
8. Implement and fund Law Enforcement Assisted Diversionary (LEAD) Program(s), or other locally controlled community-based diversionary programs, to refer first time, non-violent drug possessors (offenders in violation of Idaho Code 37-2732(c)(1)) to rehabilitative treatment programs in lieu of formal criminal charges.
9. Encourage best practices for substance use disorder (SUD) treatment providers by: (1) Supporting/expanding Project ECHO interactive learning system; (2) Incentivizing providers to obtain the federal license to treat substance use disorder (DATA Waiver); (3) Expanding SUD workforce with active recruitment of qualified addiction medicine specialists.

FINAL

RECOMMENDATIONS CONT...

10. Support expansion of behavioral health telemedicine services by advocating for the continuation of federal regulations initiated under a “temporary and emergency basis” issued under the Health Insurance Portability and Accountability Act of 1996 (HIPAA) to encourage the use of virtual care.
11. Endorse House Joint Memorial 13 to amend 21 U.S.C 823 and other provisions of federal law as necessary to allow widespread access to Suboxone.
 - Completed 2020 Legislative Session.
12. Support legislation allowing the Idaho State Police laboratory to provide non-criminal toxicology testing. There would be no requirement for the coroners to use the ISP lab, but it will be available as a resource for all counties as an option to mitigate funding challenges.
13. Remove administrative and other barriers to establish additional Opioid Treatment Programs (OTPs).
14. Create a robust workgroup to build out an Idaho All Hazards Response & Early Warning System. Members would include pertinent state, county, tribal, & local entities and would:
 - (1) Be led by appointed entity of state government for accountability to the Governor’s Office, Legislature, and other policy makers;
 - (2) Identify existing and needed data contributors, interactions between systems and databases, data repositories and data analysis and reporting tools;
 - (3) Establish interagency Memorandums of Understanding (MOU);
 - (4) Work with data analysts, epidemiologists, law enforcement, public health officials, medical and recovery treatment facilities, policy makers, etc. to develop tools needed to disseminate and utilize collected data to drive public health and public safety policy and actions.
15. Appoint identified members of the Governor’s Opioid and Substance Use Disorder Advisory Group to the Idaho Behavioral Health Council.
 - Completed August 2020.
16. The Governor will work to expand access to medication assisted treatment (MAT) via telehealth by a provider who is appropriately authorized and licensed in Idaho and in an established, valid provider-patient relationship, given that any MAT prescribed to an Idaho patient is provided pursuant to the community standard of care.
17. Direct Idaho Department of Insurance to implement a Market Conduct Study of Insurance Providers operating in Idaho to ensure compliance with expanded Naloxone access law.
18. Create a workgroup specifically to address real time hospital data sharing. The workgroup would research, evaluate, and make recommendations on key hospital activities and data including, but not limited to, saving overdose toxicology samples, and neonatal abstinence syndrome and hospital discharge data.

UPCOMING EVENTS

- **October 23-31, 2020 - Red Ribbon Week**

The nation's largest and longest-running drug use prevention campaign that encourages children, families and communities to live healthy, happy, drug-free lives. Visit redribbon.org

- **October 24, 2020 - DEA National Prescription Drug Take Back Day**

According to the 2018 National Survey on Drug Use and Health, 9.9 million Americans misused controlled prescription drugs. The study shows that a majority of abused prescription drugs were obtained from family and friends, often from the home medicine cabinet. Learn more at takebackday.dea.gov

- **December 1-31, 2020 - National Impaired Driving Month**

According to the 2018 National Survey on Drug Use and Health (NSDUH), in 2018, 20.5 million people aged 16 or older drove under the influence of alcohol in the past year and 12.6 million drove under the influence of illicit drugs. Learn more at nhtsa.gov/risky-driving

RESOURCES FOR EDUCATORS

State Department of Education

- Safe & Drug Free Schools program helps districts and schools establish and maintain a safe and positive learning environment before, during, and after school. Visit sde.idaho.gov/student-engagement/sdfs/
- Youth Suicide Prevention program provides resources, guidance, and training to prevent bullying, violence, and suicide. They also drafted a [model school policy on suicide prevention](#). Visit sde.idaho.gov/student-engagement/suicide-prevention/

Office of Drug Policy

- ODP has grant opportunities for schools and school districts, including:
 - Substance Abuse Block Grant Primary Prevention Programs
 - Botvin Lifeskills Training Prescription Drug Abuse Prevention Module
 - Visit odp.idaho.gov/grant-opportunities/
- ODP provides online training resources for Provisional Prevention Specialist and Certified Prevention Specialist credentials. Visit prevention.odp.idaho.gov/training/

Additional State & National Resources

- Idaho Regional Alcohol Drug Awareness Resource (RADAR) Center, Boise State University. Visit boisestate.edu/radar/
- Be The Parents is Idaho's underage drinking prevention campaign that provides parents with information, tools, & resources to help prevent their child from using alcohol. Visit BeTheParents.org
- Campus Drug Prevention is a DEA program that provides higher education institutions and their surrounding communities with resources to prevent drug misuse among college students. Visit CampusDrugPrevention.org
- Substance Abuse & Mental Health Services Administration (SAMHSA) Substance use prevention materials for schools, visit samhsa.gov/underage-drinking/partner-resources/materials-school
- National Child Traumatic Stress Initiative, learning materials and resources for educators and school personnel, visit samhsa.gov/child-trauma/learning-materials-resources



IDAHO STATE DEPARTMENT OF EDUCATION

The Idaho State Department of Education (SDE) is a government agency supporting schools and students. We are responsible for implementing policies, distributing funds, administering statewide assessments, licensing educators, and providing accountability data. We deliver leadership, expertise, research, and technical assistance to school districts to promote the academic success of students.

- (208) 332-6800
- info@sde.idaho.gov
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IDAHO OFFICE OF DRUG POLICY

The Idaho Office of Drug Policy leads Idaho's substance use and misuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related consequences.

- (208) 854-3040
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- @IdahoDrugPolicy



policy • partnership • prevention