

IDAHO COLLEGE HEALTH COALITION

Action Plan

FFY2026

Idaho Office of Drug Policy

1. Introduction

The Idaho College Health Coalition (IHC) has been an invaluable resource for colleges and universities in Idaho for nearly 20 years. The IHC provides resources, programming, and expertise related to substance abuse prevention efforts specifically related to college campuses in Idaho.

Young adults in Idaho, aged 18–25, reported the highest rates of Alcohol Use Disorder (19%), Drug Use Disorder (19%), Illicit Drug Use (3.4%), and Opioid Misuse (3%) compared to individuals aged 12–17 and those aged 26 and older (NSDUH, 2022). Additionally, this population faces significant mental health challenges, with 13.5% of those aged 18–25 reporting a serious mental illness in the past year, and 23.2% reporting at least one major depressive episode in the past year (NSDUH, 2022). Given the substance use and mental health challenges faced by many young adults across Idaho, the IHC aims to prevent the harms associated with the misuse of substances while also promoting health, safety, and well-being among Idaho college students.

Member Institutions

The participating members of the IHC include:

- Boise State University (BSU)
- Idaho State University (ISU)
- College of Western Idaho (CWI)
- Lewis-Clark State College (LCSC)
- North Idaho College (NIC)
- University of Idaho (U of I)
- College of Southern Idaho (CSI)
- Brigham Young University–Idaho (BYUI)

Each of these institutions was represented at the Annual IHC Summit and participated in the development of the goals, objectives, and activities included in this action plan. This document builds upon the work accomplished since the coalition's inception in 2005.

2. Mission & Vision

Mission

We collaborate with Idaho public and private institutions of higher education and their students, government agencies, and community organizations in preventing harm associated with drug and substance abuse while also promoting health, safety, and well-being.

Vision

Advancing health, safety, and well-being to create thriving campuses, communities, and futures in Idaho.

3. ICHC Funding

Partnership for Success (PFS) Grant (FFY23–FFY28)

Funding Source: The FFY26 Partnership for Success Grant (PFS) represents the third year of the five-year Strategic Prevention Framework State Incentive Grant (SPF SIG) awarded to the Office of Drug Policy (ODP) in fiscal year 2024. Funding comes from the Substance Abuse and Mental Health Services Administration’s (SAMHSA) Center for Substance Abuse Prevention (CSAP).

Eligibility: Eligible applicants include local governments, universities, colleges, and tribes/tribal organizations. PFS funds must be expended on primary prevention, particularly among American Indians, youth aged 18 and under, young adults aged 18–25, and residents of rural communities in Idaho. Primary prevention refers to programs aimed at individuals who do not require treatment for substance abuse.

Key Grant Requirements:

- **Annual Action Plan & Budget:** The Idaho College Health Coalition will submit an annual budget and 12-month action plan to ODP for approval.
- **Annual Budget Limit:** The annual budget shall not exceed \$50,000 and is contingent upon federal fund availability. Carryover for administering the biennial National College Health Assessment (NCHA) is allowed.
- **Quarterly Reporting:** ICHC members are required to submit quarterly reports to ODP detailing grant-funded activities.
- **Prohibition on Supplanting:** Grant dollars cannot be used to replace existing expenditures from other federal, state, or local sources.

4. Structure & Leadership

Subcommittees are tasked with advancing the goal designated to them. Each member is expected to participate in at least one subcommittee, and every subcommittee is required to present progress updates during monthly meetings. The Chair, Vice Chair, Former Chair, and coordinator will oversee and monitor the overall progress of each subcommittee.

Subcommittees

- **Goal 1: Support a Sustainable Framework for the ICHC**
 - Members: Julie McMurtrey, Chad Trisler, Melissa Caudle, Michal Lloyd
- **Goal 2: Reduce Alcohol and Other Drug Related Harm Among Idaho College Students**
 - Members: Kat Troutman, Jill Adams, Erin Bacon, Hannah Wolfe, Marie Macher
- **Goal 3: Use Data to Guide Coalition Work**
 - Members: Jodi Hickenlooper, Emily Brumbaugh, Rosa Lopez, Brighten Critchfield, Zoe Segnitz, Scott Strickler

Coalition Leadership

- **Chair:** Erin Bacon
- **Vice Chair:** Jodi Hickenlooper
- **Past Chair:** Melissa Caudle
- **Coordinators:** Hannah Wolfe and Michal Lloyd

5. Goals & Activities

Goal 1: Support a Sustainable Framework for the ICHC

Objective: Maintain ICHC operations as approved and adopted by member institutions.

\$ Indicates an activity with an associated cost in FFY2026.

Item	Activity Description	Target Timeline	Status
G.1a	Maintain Bylaws, Action Plan, and Benefits and Expectations for, sharing resources and documents	FFY2025–FFY2026	In Progress ▾
G.1b	Recruit new institutions and members	FFY2025	In Progress ▾
G.1c	Determine ICHC annual budget, tracking, and identify potential funding opportunities	Annual	Continuous ▾
G.1d	Identify and coordinate professional development opportunities including conference attendance	FFY2026	In Progress ▾
G.1e	Develop website, brand kit, and marketing materials	FFY2026	Not Started ▾
G.1f	Plan and host the ICHC Annual Summit	Annual	Completed ▾
G.1g	Define funding structure, annual budget, and identify external grant opportunities	FFY2026	In Progress ▾
G.1h	Finalize brand kit and materials, and distribute to institutions and state partners	FFY2027	Planned ▾

Goal 2: Reduce Alcohol and Other Drug-Related Harm

Objective: Address alcohol and other drug harms among Idaho college students by implementing evidence-based and best practice strategies.

\$ Indicates an activity with an associated cost in FFY2026.

Item	Activity Description	Target Timeline	Status
G.2a	Develop and deliver an ICHC Summit presentation highlighting screening tool data and insights collected from participating member institutions.	FFY2026–FFY2027	In progress ▾
G.2b	Develop an inventory of evidence-based, cost-effective, and scalable prevention and intervention strategies for potential implementation by ICHC member institutions.	FFY2027	In progress ▾
G.2c	Seek and promote high level collaborative opportunities for ICHC member institutions.	FFY2027	In progress ▾
G.2d	Provide at least one technical assistance session or workshop related to screening tools, evidence-based programs implementation, or other goal 2 related topics	Annual	Not Started ▾
G.2e	Develop inventory of scalable, evidence-based prevention/intervention strategies	FFY2026	Continuous ▾
G.2f	Implement statewide, multi-site social norming campaign	FFY2026–FFY2027	In progress ▾

Goal 3: Use Data to Guide Coalition Work

Objective: ICHC member institutions will collect and use data to inform coalition decision-making processes, ensuring that all of coalition products and reports are data informed.

\$ Indicates an activity with an associated cost in FFY2026.

Item	Activity Description	Target Timeline	Status
G.3a	Review the selected data metrics that track the status of the coalition and progress on each goal in the action plan.	Annual	Continuous ▾
G.3b	Continue a data collection and report out on selected indicators at the annual summit.	Annual	Continuous ▾
G.3c	Host NCHA data discussion workshops and technical assistance webinars	Annual	In Progress ▾
G.3d	Review ICHC ACHA-NCHA Process Guidelines and a corresponding Planning Worksheet to aid member institutions in the implementation and administration of the NCHA survey.	FFY2028	Not Started ▾
G.3e	Confirm administration of the ACHA-NCHA survey across participating institutions with data share agreement	Biennial	Continuous ▾
G.3f	Generate list of recommended environmental level assessment tools for use by member institutions	FFY2027	Not Started ▾
G.3g	Track data indicators and progress towards goals and objectives.	FFY2027	Not Started ▾

Item	Activity Description	Target Timeline	Status
G.3h	Create an impact report to tell the story of ICHC progress through key metrics (NCHA consortium, etc.)	FFY2027	Not Started ▾

6. Budget

Goal 1: Support a Sustainable Framework for the ICHC

Objective: Maintain ICHC operations as approved and adopted by member institutions.

Activity	Cost Breakdown	Estimated Cost
G.1c Professional Development	\$2,200 NASPA conference stipend*8 ICHC members = \$17,600	Annual
G.1e Marketing Intern	12wk*10hrs/wk*\$18/hr = \$2,160 1-year web license = \$192	
G.1f Annual Summit	\$450*16 ICHC members and students = \$7,200	