Reconnect With Your T(w)een This Thanksgiving: Bake a Pie!

This week kicks off the season of being grateful and giving, and—oh, yeah, of kids being around a lot. How can you use the time to reconnect with your child?
We know it's often easier to let your t(w)een hang out in their room, on the phone, or with friends instead of asking them (repeatedly!) to contribute to holiday meal preparations and clean-up, visit with grown-ups at the table, and do the family thing. But did you know that kids who report having strong family ties are less likely to drink or abuse other substances? So remember to take a little extra time to engage with them this week! Here are a few ideas for staying connected over Thanksgiving break:

Get more ideas for staying engaged with your tween or teen! Click for more ways to spend with your teen.

Results from the 14th Annual Prescription Drug Take-Back Day

October 28, 2017 was a record-breaking day!
National Results -

- National Law Enforcement Participation: 4,274
- Total Collection Sites: 5,321
- Total Weight of Drugs Collected: 912,305 lbs. (456 Tons)

Idaho Results -

- Law Enforcement Participation for Idaho: 30
- Total Weight of Drugs collected in Idaho: 7,452

Click here to read the full DEA report

Statewide 'Stick Shock' Campaign Aims to Curb Underage Drinking This Holiday Season

Starts Friday, November 24th!
The Idaho Office of Drug Policy, the State Liquor Division and 22 community prevention organizations across Idaho are hoping to use "sticker shock" to stop underage drinking this holiday season.

The youth-led Sticker Shock public awareness campaign starts Friday, November 24th in 60 liquor stores throughout Idaho. Its goal is bringing more public attention to the issue of underage drinking and the adults who provide alcohol to minors.

Student volunteers will place eye-catching stickers on the bags that customers
use to carry their purchases from liquor stores. The "Think Twice or Pay the Price" stickers stand out on the store bags and provide a strong reminder: "If You Provide Alcohol to Minors, You Could Face up to $1,000 in Fines & Up to One Year in Jail."

"We know that 42.2 percent of Idaho youth who drink underage usually obtain alcohol by someone giving it to them, including through adults 21 and older who can purchase it legally," said Nicole Fitzgerald, administrator of the Idaho Office of Drug Policy. "We are excited about this campaign and encourage Idaho adults to join us in keeping Idaho kids alcohol-free this holiday season."

"The Idaho State Liquor Division is proud to support this worthwhile effort that's of great benefit to the entire Gem State," Division Administrator Jeff Anderson said. "We know that underage drinking doesn't start with a drink; it starts with an excuse by adults - the excuses they make when they think it's harmless to provide beverage alcohol to underage people. 'We did it when we were young.' 'It's just beer.' We've all heard the excuses. The bottom line is it's not OK to give alcohol to people under 21."

The Office of Drug Policy and the State Liquor Division leaders recognize that community influences play a powerful role in the health, safety and well-being of children and families. We hope raising awareness about underage drinking, at the point of liquor sales, will help the message stick.

For additional information, please contact: Nicole Fitzgerald, 304 N. 8th Street, Room 455, 208-854-3040, nicole.fitzgerald@odp.idaho.gov.

(News Release from the Idaho Governor's Office, November 14, 2017)

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GW Pharmaceuticals and its U.S. Subsidiary Greenwich Biosciences Completes Rolling New Drug Application for Epidiolex

If approved by the Food and Drug Administration, cannabidiol oil may be available with a prescription in 2018.
Invitation to "Industrial Injuries & Opioids: A Panel Discussion"

Tuesday, December 5, 2017 at 2:00 p.m. at the Idaho State Capitol

Event:  Industrial Injuries & Opioids: A Panel Discussion
Presented by:  Idaho Industrial Commission & Idaho Office of Drug Policy
Moderated by:  Ms. Dee Sarton
Key Speakers:

- Ray Archuleta, J.R. Simplot Co.
- Pam Eaton, Idaho State Pharmacy Association
- Terese Raymond, State Insurance Fund
- Chuck Wahl, Drug Enforcement Administration
- Monte Moore, M.D., Idaho Physical Medicine and Rehabilitation

Location and Parking
Lincoln Auditorium
Idaho State Capitol Building
Boise, Idaho 83702
Please see reverse for a detailed parking map

Registration Online at:
https://lic.idaho.gov/panel.html
Admission free with registration

Please contact Michelle Wong, Idaho Industrial Commission or Nicole Fitzgerald, Office of Drug Policy with any questions.

Idaho Industrial Commission:
Michelle.Wong@lic.idaho.gov
(208) 334-6068

Office of Drug Policy:
Nicole.Fitzgerald@doj.idaho.gov
(208) 334-6024
The Boise School District has been granted funds from the Office of Drug Policy for several years to serve families whose children have been identified as displaying at-risk behaviors for drug and alcohol use. The District promotes the philosophies of education and prevention by entwining curriculum and policies. One policy in particular allows for a reduced length of time for out-of-school suspension under certain circumstances, which decreases time out of the learning environment. For the 2015-16 school year, this policy allowed student violators to continue to have access to 1,372 hours of direct instruction that would have been lost to them if the Nurturing Parent Program (NPP) was not an option.
NPP is scheduled for 9 sessions during the school year, with one additional session in the early summer, if necessary. Cohorts attending NPP are staggered; each group begins when the prior group is approximately halfway through the curriculum. Having sessions beginning every few weeks has been found to have a beneficial impact of attendance, reducing wait-time for families to start the program. Parents report better communication regarding family goals, values, and expectations with their children as a result of participating in NPP. Adults are also positively affected; reporting increased value in their role as parents. As a result, Boise School District has seen a reduction in repeat violators at school.

Certified Prevention Specialist Training (CPS) Exam Prep

Final Certified Prevention Specialist Training - December 6 and 7

The final two sessions of the CPS training program on December 6th and 7th are designed to assist individuals in passing the International Certification and Reciprocity Consortium (IC&RC) International Prevention Specialist Examination.

Sessions will include: a review of course materials including the domains and tasks for each domain; sample exam questions; test taking strategies; and, a list of references for exam preparation study guides.

Click on the titles below to register:

- [CPS Exam Prep (Part 1): 12/6/2017 from 4:00-5:30 pm PST](#)
- [CPS Exam Prep (Part 2): 12/7/2017 from 4:00-5:30 pm PST](#)
The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.

We envision an Idaho free from the devastating social, health, and economic consequences of substance abuse.

STAY IN TOUCH

Idaho Office of Drug Policy, P.O. Box 83720, 304 N. 8th Street, Ste. 455, Boise, ID 83720

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