

# IDAHO OFFICE OF DRUG POLICY



APRIL 2018

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*Program Spotlight: Drug Free Idaho Coalition*  
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## DrugFree Idaho Coalition

The DrugFree Idaho Coalition is increasing awareness of prescription drug abuse.



The DrugFree Idaho Coalition recently challenged Treasure Valley youth to create an original Public Service Announcement (PSA) video to increase awareness of prescription drug abuse. This year's contest received more than 20 incredible entries, and engaged more than 100 students. The winning entry, created by students from Columbia High School in Nampa, will be broadcast on KTVB throughout the month of April and coincides with the DEA's National Medication Drop Off Day on April 28th.

The students got it right. According to the 2017 Idaho Healthy Youth Survey, of youth who reported misusing prescription drugs in the last year, 11.3% took them from a friend or family member. Of those youth reporting prescription misuse in the past 6 months, 42% identified the most common place to misuse prescriptions was in their own homes.

[Watch the winning PSA here](#)

Congratulations to all the students who participated in the contest for their commitment to creating a healthy and drug-free Idaho.

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**State Results from the Idaho Healthy Youth Survey  
are Available**



# IDAHO HEALTHY YOUTH SURVEY 2017 STATE REPORT

CONDUCTED BY:  
BACH HARRISON, LLC

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IDAHO GOVERNOR'S OFFICE OF DRUG POLICY

The Office of Drug Policy has released the Idaho Healthy Youth Survey 2017 State Report. Thanks to our contractor, Bach Harrison, superintendents, principals, teachers, parents, students, and partners, ODP was able to successfully administer, analyze, and report a variety of behavioral health data at the state- and hub- level. A few important findings from the survey include:

- Students who believe that their parents feel that it would be "not wrong at all" for them to misuse prescription drugs are **11 times more likely to report misusing prescription drugs** in the past 30 days than students who report their parent feels it is "very wrong." Similar trends are seen with the perception of friends' attitudes and other types of drug use. A teen's perceptions of parental and peer attitudes regarding drugs is associated with current use.
- Although most students do not misuse prescription drugs, among those that do, **most receive their misused medications from their own prescription.** It's important for prescribers to understand the risks, and for parents to monitor their child's use of legitimate prescriptions, when youth are prescribed commonly abused

medications.

- Students who report that their parents have hosted parties for them with alcohol are almost **3 times more likely to report drinking** in the past 30 days. When parents facilitate their child's alcohol use, they are more likely to drink.
- Almost twice as many **students report driving after using marijuana (12%)** than after using alcohol (6%). Although preventing alcohol-impaired driving is important, it is also important to educate youth about the risks of marijuana-impaired driving.

Besides a multitude of drug-related questions, the Idaho Healthy Youth Survey included items regarding suicide, school climate, bullying, mental health, gang activity, perception of parental attentiveness, and more.

[Click here](#) to read the report.

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## Mayor Bieter Calls for Student Applications to Serve on City Boards and Commissions

**Great government experience!**



*Mayor Bieter with teens*

Would your Boise teen like to participate in City of Boise decisions regarding parks and recreation, historic preservation, or art and history?

Mayor Biter invites Boise area high school students to apply to sit on a city board or commission!

Applications are due by May 4. [Click here for more information.](#)

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## On-line Prevention Ethics Course

**May 7- May 18**

Take advantage of an upcoming Prevention Ethics on-line course May 7 - May 18th.

For anyone pursuing their Certified Prevention Specialist (CPS) or Provisional Prevention Specialist (PPS) certification, this is one of the required courses.

There is no cost to participate. Course details and registration information can be found [here](#).

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## National Take-Back Day

**Get rid of unwanted medications April 28th**



The Drug Enforcement Administration (DEA) is hosting a national take back event on Saturday, April 28 from 10:00 AM to 2:00 PM.

This is the great opportunity to gather up old medications and properly dispose of them. Disposing of your unused, unwanted, or expired

medications is an easy step you can take to reduce the chance of them finding a way into the hands of youth.

[Find a Prescription Drug Take-Back Location Near You.](#)

The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.



*We envision an Idaho free from the devastating social, health, and economic consequences of substance abuse.*



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