

IDAHO OFFICE OF DRUG POLICY



JULY 2018



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Duck Valley Project Venture Prevention through Youth Development



Participants made their own "ribbon skirts" to showcase their heritage.

Amanda Sandoval wanted to do something to honor her father and her community, and address the growing youth substance abuse concerns

on the Duck Valley reservation. It took almost five years, but the valuable program she established is thriving and has now entered its second year!

Project Venture is a nationally recognized youth development program for middle school youth implemented in- and out-of-school, weekends, multi-day trips, and summer camps. The program is guided by American Indian values and aimed at preventing substance abuse while promoting resilience and mental wellness. It engages youth in the development of life skills through outdoor experiential learning, while focusing on reinforcing cultural values such as family, service learning, and appreciation for the natural world.

Amanda's program currently offers after-school sessions and multi-day sessions which include camping, hiking, archery, and fishing. New this year they will be adding mountain biking, traditional language, and traditional regalia-making.

Amanda says, "Over the past year we have seen our youth get engaged with things they would normally not. They are willing to take risks, learn through trial and error, and reach out to help their peers. Through the full value commitment and guiding principles of Project Venture our future leaders are learning to be respectful, positive members of their community."



Keep up the great work Amanda and Duck Valley Project Venture!

FDA Approves Epidiolex® to Treat Rare, Severe Forms of Epilepsy

But faces multiple steps until it can be made commercially available in Idaho.



Approved by the FDA June 25th

Epidiolex® is the first FDA-approved drug comprised of an active chemical derived from marijuana. It is a pure, plant-based, pharmaceutical grade cannabidiol (CBD) extract that has proven effective in treating seizures among individuals with Dravet and Lennox-Gastaut Syndrome. The FDA approved the drug to treat seizures associated with these two rare, severe forms of epilepsy in patients two years of age and older.

The approval was announced along with a [statement from the FDA Commissioner](#), Scott Gottlieb, M.D., on the importance of the rigorous research process that makes medical advancements regarding therapies derived from marijuana and its components possible. The FDA has a program to assist drug developers who want to investigate marijuana therapies through properly controlled clinical trials.

According to Dr. Gottlieb, ". . . it's also important to note that this is not an approval of marijuana or all of its components. This is the approval of one specific CBD medication for a specific use. And it was based on well-controlled clinical trials evaluating the use of this compound in the treatment of a specific condition. Moreover, this is a purified form of CBD. It's being delivered to patients in a reliable dosage form and through a reproducible route of delivery to ensure that patients derive the anticipated benefits. This is how sound medical science is advanced."

ODP is working to learn more about cost and insurance coverage of Epidiolex®. We will provide more information as it becomes available.

Chronic State Movie Premiere in Boise

[And you are invited to attend!](#)



Drug Free Idaho is hosting the premiere of *Chronic State*, a film about how marijuana normalization impacts communities. The premiere will be held Wednesday, July 18th at 6:30pm at the Egyptian Theater in Boise. Immediately following the premiere, there will be a Q&A with participants from the film.

The premiere is free to attend but an RSVP is required. [Click this link](#) to RSVP.

ODP Welcomes a New Team Member

Meet Shaina Cales

The Office of Drug Policy is happy to introduce Shaina Cales who joined our team as the new Program Planning and Development Specialist. Shaina will maintain and update ODP websites, provide contract management, oversee our media campaigns, and support policy research.



Shaina is originally from Ohio but comes to ODP from Washington, D.C. where she worked as a project coordinator at a behavior change marketing firm. She coordinated creative, wrote copy, and supported research for the CDC, WHO, and the Federal Voting Assistance Program. Prior to that Shaina served five years in the U.S. Army as a Communications Officer. She recently earned an MPH in Public Health Communications and Marketing from George Washington University and holds a B.S.B.A. in Marketing from Xavier University.

She moved to Boise with her husband and German Shorthaired Pointer and is excited to explore all that Boise and the beautiful state of Idaho have to offer. You can contact Shaina at shaina.cales@odp.idaho.gov or 208-854-3042.

Ethics in Prevention: A Guide for Substance Abuse Prevention Practitioners

The course is online, free and self-paced.

Dates: Monday, July 16 - Friday, July 27, 2018

Audience: State- and local-level substance abuse prevention practitioners

Description: This moderated online course addresses the role and application of ethics in substance abuse prevention. Using cases and interactive activities, participants will explore the six standards in the Prevention Code of Ethics and learn to use a 4-step decision-making process to assess, address, and evaluate a range of ethical issues. In addition, five discussion forums, facilitated by an experienced course moderator, provide opportunities for participants to apply lessons learned.

What Does Participation Entail? Logging on to the course web site at least once a day at your convenience, reviewing course materials, completing online activities designed to help you apply what you have learned, and participating in moderated web-based discussions (e.g., responding to discussion questions, reviewing the responses of fellow participants, and responding to at least one of their comments).

Accreditation: This course is endorsed by the International Certification and Reciprocity Consortium (IC&RC) for Prevention Specialist certification or re-certification. On passing the assessment at the end of this course (80% correct), participants will receive a Certificate of Completion which they can submit to their respective credentialing authorities.

Registration: This is a last chance to register. If the course is full CAPT will try to offer one more virtual ethics course for our region before the contract closes on Sept. 14, 2018. [Click to register.](#)

First Annual Prevention Training Session

Free, single-day course held at Boise State University

What: Professional Development Training for Prevention Providers, Certified Prevention Specialists, Counselors, and Educators. Equip yourself with the knowledge, skills, and resources necessary to

address underage substance use and implement prevention programming.

Hosted By: Boise State University Institute for the Study of Behavioral Health and Addiction & RADAR Center

Where: Boise State University

When: Friday, August 17th, 2018 from 8:45 a.m.-4:00 p.m.

8:45 a.m.-10:30 a.m. *Trends in Youth substance Use and How to Use Data to Guide Prevention Programming*

10:45 a.m.-12:00 p.m. *Substance Use and the Adolescent Brain*

1:00 p.m.-4:00 p.m. *Ethics in Prevention*

Registration: Open Now! Registration deadline is July 25, 2018. [Click to Register](#). Contact kristinbatten@boisestate.edu with any questions.

This course is available for 6 CPS credential hours and NBCC CE hours. No partial credit will be given.

Impaired Driving and After-School Activities Fact Sheets

Timely Topics for Summer

With summer break underway, kids potentially have more unsupervised free time. Two fact sheets from the Idaho Healthy Youth Survey highlight the importance of keeping kids engaged in structured activities and the prevalence of youth riding with impaired drivers.

For example, students who participate in supervised after-school activities are less likely to have serious mental distress, less likely to have ever used drugs, and more to likely to have better school-related outcomes. Considering these facts, it is important to keep kids involved in activities during the downtime-heavy summer.

Additionally, riding with impaired drivers is a risk factor for driving impaired and the likelihood of riding with an impaired driver increases an average of 12% each year between the ages of 12 and 18. The bottom line: keeping kids engaged in supervised activities can help keep them away from drugs, alcohol, and impaired drivers.

Access the complete [Impaired Driving](#) and [After-School Activities](#) Fact Sheets at the links provided.

partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.



We envision an Idaho free from the devastating social, health, and economic consequences of substance abuse.



STAY IN TOUCH

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